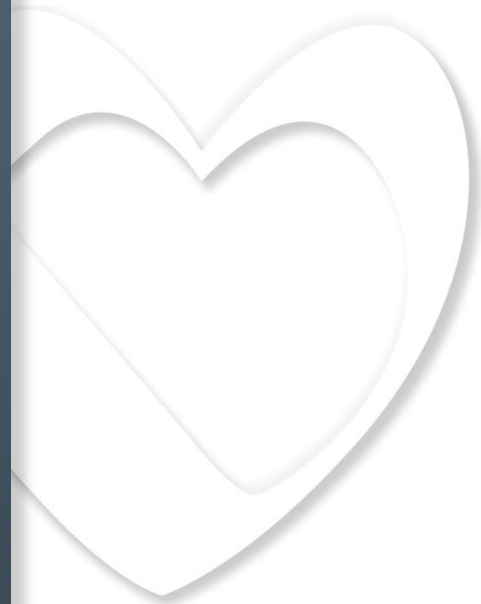


Heart Failure Awareness Day 2017

Report from: Lithuania

Name of reporter: Dr. Tomas Lapinskas, Prof. Jelena Celutkiene

Email address: tomas.lapinskas@lsmuni.lt, jelena.celutkiene@santa.lt



Public event



As every year public events in the largest cities of Lithuania: **Vilnius** (5/5/2017) and **Kaunas** (6/5/2017) were organized to spread knowledge and educate people

[#heartFailureawarenessday](#)

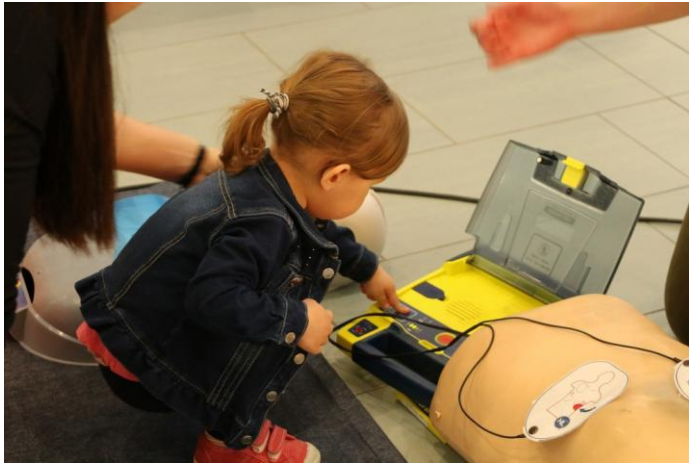
Public event

Furthermore, this year we invited other larger cities (**Klaipeda, Siauliai, Alytus**) to hold **Heart Failure Awareness Day** and share experience with their people



Public event

We dream to have mindful and tender community therefore we decided to start teaching our children how to take care of each other



#UnitedForHeartHealth

Public event



Heart Failure is a relevant comorbidity

As we want to increase early recognition of the disease we decided to teach people already having other disorders (diabetes, kidney disease, etc.) and started to visit patients already hospitalized in other departments

HFA initiated HF Survey



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HFA Day
Heart Failure Awareness Day



Competence Network
Heart Failure

Europos širdies nepakankamumo dienos 2017 Apklausa

**We actively continuing
Heart Failure Survey
to get feedback about our efforts**

Political Engagement

The Advocacy Event

“The Epidemic of Heart Failure: a Breakpoint”

was held in the Ministry of Health of the Republic of Lithuania on
4/5/2017



Integrated Heart Failure Teams

We have opened 7 specialized Heart Failure Management Offices with dedicated and qualified Heart Failure specialists teams

157 patients were consulted until now

We expect to have 29 fully organized Heart Failure Management Offices within the country during coming years

Vilnius University and Lithuanian University of Health Sciences are organizing specialized Heart Failure Course

20 cardiologists and 27 nurses have completed this Heart Failure Course until now

Patient Engagement



Lithuanian Heart Failure Patient Association
founded in 2016 was introduced to Lithuanian Society
of Cardiology (LSC) and Lithuanian Heart Association
(LHA) for future cooperation and patient education

Patient Engagement



Public event organized during **Nordic Baltic Congress of Cardiology (NBCC 2017)** was held at the **White Bridge of Vilnius** and included education about living with heart failure, yoga and running for Heart Failure

#RunForTheHeart

Heart Failure Declaration



Heart Failure Declaration has been signed
during the NBCC 2017

Printed material



We regularly issue
new printed material
not only for our
patients, but now for
our **nurses** who want to
specialize in
Heart Failure

Social Media and Press

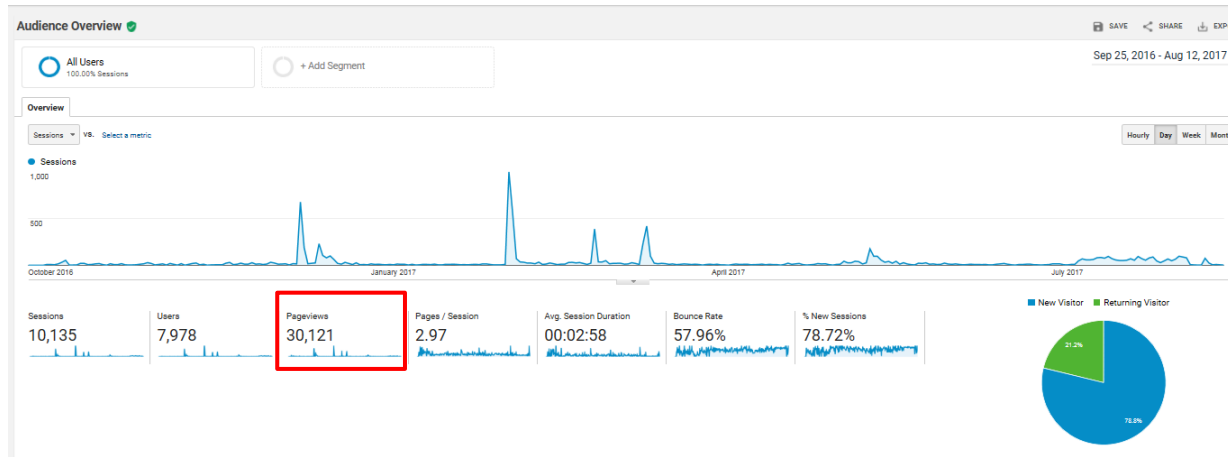


High number of articles were published in national press and social media

Activity on Internet

Our Heart Failure Website (www.sirdiesnepakankamumas.lt)

has significantly increased in visitors during last year



Educative Video

<http://www.sirdiesnepakankamumas.lt>

AR ŽINAI, KAIP DIRBA SVEIKO ŽMOGAUS ŠIRDIS?

Peržiūrėję šiuos vaizdo filmukus suprasite, kaip dirba sveiko žmogaus širdis ir kas sutrinka jos veikloje, kai nustatomas širdies nepakankamumas.

Visi vaizdo filmukai – anglų kalba.



We constantly update our website with important news, educative video, patients stories and coming events

Because we care...



www.escardio.org/HFA

